RESOLUTION 19-86

A RESOLUTION OF THE CITY OF PANAMA CITY BEACH, FLORIDA APPROVING A MULTI-YEAR AGREEMENT WITH LIFESCAN WELLNESS CENTERS, RELATED TO FIREFIGHTER PHYSICAL ASSESSMENTS.

BE IT RESOLVED that the appropriate officers of the City are authorized to accept and deliver on behalf of the City that certain three-year Agreement between the City and Life Scan Wellness Centers, relating to firefighter physicals and medical assessments, at the rates set forth in Exhibit A attached and presented to the Council today, with such changes, insertions or omissions as may be approved by the City Manager and whose execution shall be conclusive evidence of such approval.

THIS RESOLUTION shall be effective immediately upon passage.

PASSED in regular session this <u>25</u> day of <u>APRIL</u>, 2019.

CITY OF PANAMA CITY BEACH

Mike Thomas Mayo

ATTEST:

Mary Jan Bossert, City Clerk

Life Scan Wellness Centers 2019 Price Quote: Panama City, Fl			
April 17, 2019	2019	2020	2021
LIFE SCAN FIREFIGHTER PHYSICAL:			
Physical Exam (NFPA 1582 compliant)			
Vision Exam (Titmus)	included	included	included
Occupational Hearing Exam	included	included	included
Skin cancer assessment	included	included	included
Personal Consultation with review of testing results	included	included	included
Cardio~Pulmonary Assessment			
Echocardiogram (Heart Ultrasound)	included	included	included
Resting EKG	included	included	included
Treadmill Stress Test with EKG	included	included	included
Carotid Arteries Ultrasound	included	included	included
Aortic Aneurysm Ultrasound	included	included	included
Pulmonary Function Test	included	included	included
Cancer and Disease Assessment			
Thyroid Ultrasound	included	included	included
Liver, Pancreas, Gall Bladder, Spleen, & Kidney Ultrasounds	included	included	included
Bladder Ultrasound	included	included	included
Pelvic Ultrasound for Women (external)	included	included	included
Testicular Ultrasound for Men	included	included	included
Blood and Laboratory Tests			
Hemoccult Test	included	included	included
Urinalysis	included	included	included
Lipid Panel	included	included	included
Diabetes Tests (Hemoglobin A1C and Glucose)	included	included	included
Complete Blood Count	included	included	included
Comprehensive Metabolic Panel	included	included	included
TSH (Thyroid Blood Test)	included	included	included
PSA (men)	included	included	included
Testosterone	included	included	included
CA-125 (women)	included	included	included
Fitness Evaluation (NFPA 1583 ~WFI Guidelines)			
Muscular Strength and Endurance Evaluation	included	included	included
Aerobic Endurance Evaluation (VO2 Max Calc)	included	included	included
Flexibility Evaluation	included	included	included
Nutrition and Diet Recommendations	included	included	included
Personal Fitness Recommendations	included	included	included
Medical Clearances			
OSHA Respirator Medical Clearance	included	included	included
Firefighter Medical Clearance NFPA 1582 as needed	included	included	included
TOTAL	\$395.00	\$395.00	\$414.00

Life Scan Wellness Centers 2019		-	
Panama City, FL Additional Tests Available	2019	2020	2021
Chest X-Ray with Radiologist review	\$65.00	\$65.00	\$68.00
Lumbar X-Ray with Radiologist review	\$65.00	\$65.00	\$68.00
Urine Drug Screen, 10 Panel, I-Cup in office	\$35.00	\$35.00	\$37.00
Drug Rescreen with confirmation	\$45.00	\$45.00	\$47.00
Medical Review Officer (MRO) as indicated/Secondary Review	\$100.00	\$100.00	\$105.00
QuantiFeron TB Blood Test	\$65.00	\$65.00	\$68.00
PPD TB Skin Test	\$10.00	\$10.00	\$11.00
Hepatitis A Screening Test	\$55.00	\$55.00	\$58.00
Hepatitis B Screening Test	\$55.00	\$55.00	\$58.00
Hepatitis C Screening Test	\$55.00	\$55.00	\$58.00
Hepatitis A Titer (test for immunity)	\$25.00	\$25.00	\$27.00
Hepatitis B Titer (test for immunity)	\$25.00	\$25.00	\$27.00
HIV Screening Test	\$30.00	\$30.00	\$31.00
Testosterone Blood Test	\$21.00	\$21.00	\$22.00
OSHA Respirator Mask Fit Testing (Portacount)	\$30.00	\$30.00	\$31.00
Heavy Metals (Hazmat)	\$63.50	\$63.50	\$66.15
Cholinesterase (Hazmat)	\$63.50	\$63.50	\$66.15

Minimum number 45 physicals at 9 per day
Can include area fire and police departments. Pricing
will be extended to all area departments.
Pricing spreadsheet includes annual Medical Price Index
not to exceed 5%. Pricing is effective through FY 2019